

About Mane Stream

Mane Stream offers several programs including adaptive riding, adaptive carriage driving, interactive vaulting and equine assisted therapy: physical therapy, occupational therapy and speech therapy.

Volunteers are a vital part of Mane Stream and are appreciated by staff, participants and their families. Volunteers must be 14 years and older and attend an orientation and training. Volunteers assist with our lesson and therapy programs, special events and fundraising.

Explore our website at www.manestreaminc.org and like us on Facebook to find out more about the programs we offer and to view photos of Mane Stream in action. Then come join the Mane Stream team and make a difference in your life and the lives of others!



Mane Stream's mission is to improve the quality of life for individuals with physical, developmental, emotional and medical challenges through a diverse program of equine assisted activities, equine assisted therapy and educational initiatives.



Adaptive Horsemanship &
Equine Assisted Therapies

Mane Stream

PO Box 305
83 Old Turnpike Road
Oldwick, NJ 08858
Phone: 908-439-9636
Fax: 908-439-2338
E-mail: programdirector@manestreaminc.org

Mane Stream

Adaptive Horsemanship &
Equine Assisted Therapies

Providing

Unbridled Possibilities

for children and adults with special needs



(908) 439-9636

www.manestreaminc.org



Adaptive Horsemanship &
Equine Assisted Therapies

MANE STREAM programs improve the quality of life for people with physical, developmental, emotional and medical challenges.

Mane Stream has worked small miracles in the lives of many children and adults for forty years. Mane Stream offers a variety of adaptive horsemanship and equine assisted therapy programs.

Adaptive riding is a recreational program designed to teach basic horsemanship and riding skills. Riding lessons are taught in group or private formats and riders are grouped according to skill level. Horseback riding offers a great workout for both the mind and body. Adaptive riding provides beneficial physical activity, emotional benefit through learning new skills, interacting with horses, peers, volunteers and being immersed in nature.

Adaptive carriage driving can be challenging and fun. The most visible benefit of driving is the sense of freedom. For participants that may not be able to sit astride a horse carriage driving is an activity that they can participate in and some drivers may progress to compete in carriage driving competitions. Mane Stream hosts Driving for Surviving® a carriage driving program for children confronting life threatening disease and loss.

Equine Assisted Therapy is a treatment strategy utilized by a licensed physical therapist, occupational therapist or speech therapist using the multi-dimensional movement of the horse to help attain traditional therapy goals.

- Physical therapy deals with deficits in any of the systems that affect mobility and gross motor function.
- Occupational therapy focuses on postural control and providing treatment to enhance an individual's ability to perform activities of daily living.
- Speech and Language focuses on an individual's ability to communicate.



Equine Assisted Psychotherapy is a mental health service provided by a licensed mental health professional and PATH International Equine Specialist. Equine Assisted Psychotherapy is offered on a special project basis.

Interactive Vaulting is a unique activity that combines gymnastics, exercises and social play with a moving horse. It's a wonderful way to develop coordination, balance, social skills and creativity while working with other children and an equine partner. Vaulting sessions provide an environment where everyone can progress at their own speed, while still being part of a group.

Camp Cold Brook at Mane Stream is an inclusive summer day camp open to children with disabilities and typically developing children. Camp is geared towards the beginner rider and is an excellent introduction to horses and riding in a safe and secure environment. Each day campers participate in a riding lesson, themed horsemanship skills and arts and crafts. Campers have fun and make friends while spending their summer days learning about horses.

Certain conditions exist for which participation in Mane Stream's programs may be contraindicated. Medical guidance and approval is essential for the safety and protection of everyone involved.

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